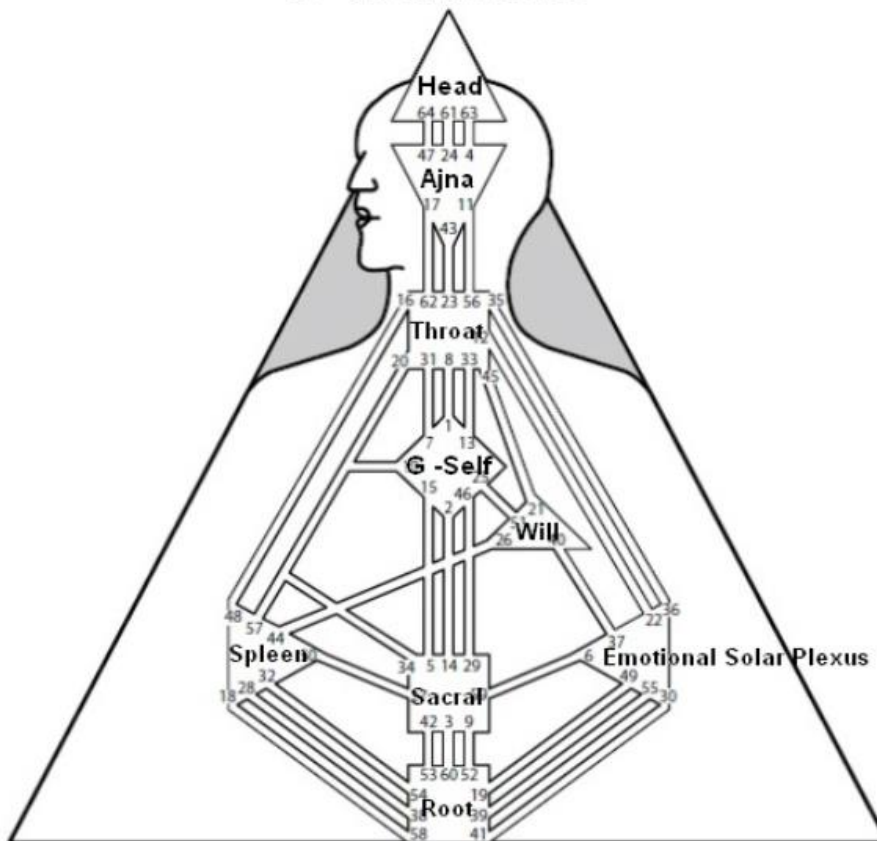


## Human Design: the Nine Energy Centers, Lines and Profiles

### The Nine Energy Centers

The first thing you may notice when you look at your chart is that there are nine geometric shapes. These shapes are called the nine centers. Each center carries and manages a certain frequency of energy and relates to specific themes in our lives.

### 9 Centers



If a Center is colored in, then it is called Defined. A Defined Center has a consistent way of operating and is part of who you are. This is the energy that you radiate out into the world. It operates the same way energetically and thematically.

If a Center is white, then it is called Undefined or “open”. Open Centers are where we take energy and information in from the world around us. Not only do we take in energies in our open Centers, we amplify them. In our open Centers, we experience others and it is in these open Centers that we have potential for great wisdom. There is also the potential in the openness for pain and confusion. This is discussed in depth in a full Human Design reading.

Your defined centers represent aspects of your personality that are consistent and true about your personality all the time. It can be raining, the planet Mercury can be in retrograde, Mars can disappear out of the solar system, but your definition always stays the same.

Undefined areas represent aspects of your personality that are inconsistent. Where you are undefined is where you take in energy and information from other people. Not only do you take it in, you amplify it.

For example, if you have an undefined emotional solar plexus (the triangle on the lower right hand side of the body graph), you take in other people’s emotions and you feel them more strongly than the person actually generating the feelings.

Emotionally undefined individuals are empathic. With awareness, this empathy can be a great source of wisdom. Any center where you are undefined is potentially a great source of wisdom.

To illustrate this point, here is an example. My friend Karen has an undefined emotional solar plexus. She hates going to movies because she bawls her eyes out every time. The last movie that she saw was “Spirit, Stallion of the West,” a Disney animated movie.

She cried so hard during the whole movie that her nine-year-old daughter got up and moved to another seat because she was so embarrassed by her mother’s behavior. Honestly, it wasn't THAT sad a movie. What she now understands is that her open emotional system was taking in all the emotional energy in the theater and amplifying it. She was crying the tears for the whole theater.

This aspect of being emotionally undefined can be a great asset. For instance, as a coach, with an open emotional center, when I am assessing my client’s emotional status, I KNOW what they are feeling because I am feeling it too! The down side is, if you don’t understand how to work with this openness, you can burn out very quickly from soaking up other’s emotions. It’s essential to learn tools that allow all that emotional information to pass through you. In individual Ignite Your Joy mentoring sessions, you learn these tools.

Children who are emotionally undefined sometimes get labeled as being “dramatic”. This is because they take in all the emotional energy from the people around them and they tend to act it out. I often see emotionally undefined children labeled as “disturbed” when they are, in fact, acting out the emotional health of their family or even emotional drama in their parent’s marriage.

The beauty in the defined and undefined centers and lies in the fact that individually we are all simply puzzle pieces--parts of a greater whole. We all become completely defined when we are all together. We each bring pieces that energetically unify us all and offer us the opportunity to express all of the human experience.

Your definition comes from the position of the Gates and the planets at the moment of your birth. This is further explained in a full Human Design Reading.

## **Brief Descriptions of the Nine Centers**

Head: Center for inspiration, always under pressure to answer questions. The pineal gland in the brain is represented here.

Ajna: Center for awareness. Its function is to research, collect and store data, and conceptualize. It's based in the anterior and posterior pituitary in the brain.

Throat: Center for communication and manifestation into action. The thyroid and parathyroid are represented by this center.

G or Identity Center: Center for love and direction, the place where the soul lives. The liver is represented by this center.

Will/Heart/Ego: Motorized center for creating and allocating physical resources. Energetically this center is all about value, business management, and energy to get things done through willpower and endurance. It's associated with the heart, stomach, gall bladder, and thymus.

Emotional Solar Plexus: Motorized Center for emotional energy that fluctuates in waves. This is associated with the kidneys and pancreas.

Root: Center for adrenaline energy, adrenal organs. This is a pressure center that operates in pulses.

Spleen: Motorized Center health, survival-based intuition and time. Also center for fear of survival. The lymph glands and immune system are represented here.

Sacral: Most powerful motorized Center. As energy for work force and life force energy, it is associated with reproductive organs – ovaries and testes.

## **Profile Lines**

You'll see at the top of your chart "Profile" followed by two numbers separated by a slash. These indicate your Profile – your learning and personality style. There are twelve different personality "Profiles" in the Human Design system.

Profiles tell you about major life themes that you will encounter, and they illustrate a way in which your personality interacts with the world. Everyone comes into the world with a specific profile and purpose. Knowing your profile can help you see some of the themes that you will encounter as you move toward fulfilling your purpose.

Each number in a profile has a specific meaning. The first number in your profile is an element of your personality that you will be consciously aware of. The second number in the profile may be unconscious and more hidden from you. Most people are aware of their unconscious profile but because it is unconscious, they do not have a lot of real control over the expression of it.

The profile lines are

Line 1 - Investigator

Line 2 - Hermit

Line 3 – Martyr  
Line 4 - Opportunist  
Line 5 - Heretic  
Line 6 - Role Model

Here are brief descriptions of the six Profile lines:

Line 1 - Investigator. First line profiles are deeply curious and don't move quickly. They need to thoroughly investigate something before they take they know enough to their satisfaction they can do anything. Hint: Don't expect first lines to be spontaneous or make transitions easily unless they know their next step.

Line 2 - Hermit. This profile line is secretive, coy, shy, and genuinely likes to be alone. The irony is, they think they are hiding, no one sees them, and everyone sees them! People notice when they are missing, and call them out to share their energy and ideas. Here's a great analogy: A Line 2 Hermit may imagine himself when alone as someone standing on the second floor of a house, looking out the window while hiding behind the curtain. Actually, the truth is that the light is on behind them, and everybody below can see them standing in the window buck naked!

Line 3 - Martyr. Experimentation. Line 3 profiles are designed to learn by experience. They are deeply wise about what works/doesn't work because they have pretty much tried everything. If they don't understand the deeply experimental nature of their life, they can feel like life is beating them up. When they understand their line, they are free to experience the joy of experimentation. These profiles tend to fall in love at first sight, and then decide you're "not the one." They need to go in and out of relationship, until ultimately they know – and find - exactly what they want based on their experience. They need to give themselves lots of time and space to experiment until they get it right.

Line 4. Foundational line. *Opportunist.* The Line 4 is gregarious and social - all about networking. This is the person who has friends in every city. They are not comfortable making a change until another opportunity is available to them. It's difficult to leave a job, or lover, until the next one is in the wings. They do NOT do limbo. Their theme: What can I trust? They are rarely single, and won't quit a situation until they know next step.

Line 5. *Heretic.* This line lives in a pure projection field: People are always projecting expectations, beliefs, and thoughts onto them, and can be disappointed when the Line 5 doesn't meet their expectations. It's essential that the Line 5 lives her strategy. Line 5's often feel like no one knows who they are. They are reluctant to reveal themselves for fear of being misunderstood. The optimal expression of the gate is Transpersonal and deeply understanding. Line 5's can have deep impact on world around them. They can universalize and teach whatever is in their chart, gate by gate. It's SUPER important that this line waits to be invited, because if their timing is off, people will project all over them. When this line follows their strategy, people project correctly onto them. Line 5's can also be coy and seductive. They like to seduce people into their ideas. They are magnetic, attractive, and can seduce with their personality or sexuality.

Line 6. *Role model.* Line 6 profiles can be aloof. They choose to engage and express their wisdom, but only if it's worth their while. There are three distinct phases in this line's life cycle.  
Birth - 28.6. They act like an amplified Line 3. They experiment with everything and experience a lot of trial and error.  
Age 28.6 - 50. Being on the roof. This is when they seem most aloof. They gradually withdraw from the

world. The intensity of the 3 line and life become muted, and they seem to have lost their 'verve.' They won't be bothered to come out and do something unless it's really worth their while. They are healing and integrating what worked and didn't work from their first phase - and watching others to see what does work. If they don't have a partner, they usually stay single until they come off the roof. If they do have a partner, the partner gets dragged up on the roof with them. When they come off the roof, it can be cataclysmic. Some don't want to even come off.

Age 50 +. Final phase. They have integrated what they've learned. As they become the fully integrated aspect of themselves they can now serve as role model to others (and teach others how to be fully integrated aspect of themselves as well). If the line 6 hasn't lived their strategy while on the roof, when they come off, they have to repeat the first 30 years all over again.

### The Profile Combinations

The twelve Profiles listed below are combinations of two of the lines described above. The first number is the "conscious" line and the second number is the "unconscious" line. In a full Human Design Reading we explore in depth the combination of your conscious and unconscious profile lines.

1/3 Investigator/Martyr  
1/4 Investigator/Opportunist  
2/4 Hermit/Opportunist  
2/5 Hermit/Heretic  
3/5 Martyr/Heretic  
3/6 Martyr/Role Model  
4/6 Opportunist/Role Model  
4/1 Opportunist/Investigator  
/1 Heretic/Investigator  
5/2 Heretic/Hermit  
6/2 Role Model/Hermit  
6/3 Role Model/Martyr

### **Conclusion**

The parts of your chart are each, in and of themselves, important and give key insights into your personality. Understanding each part and the role it plays in the story in the story of your life, helps grasp the bigger picture and have a deeper understanding of who you truly are.

Remember that each part is just a piece of a whole. While you have to "take the chart apart" in order to understand all its key pieces, the real beauty of your chart is in the synthesis of all of the parts. The true story of who you are is revealed when all of the pieces come together in a full Human Design reading.

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